



# WARRIOR RTC

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## INVICTA WRESTLING ACADEMY



## Stance & Motion

### ISAAC KNABLE'S

# CRADLE CAMP

## Saturday, August 16

Check In: 8:30am-8:55am

Session 1: 9:00am-10:30am

Session 2: 11:00am-12:30pm

Lunch Break

Session 3: 1:30pm-3:00pm

Showers Available.

Bring Your Own Lunch.

Boys & Girls All Ages.

Open To The Public.

## About Coach Knable

Cradle Expert

Owner of Invicta Wrestling Academy

Owner of Footwork Trainer Mat

Owner of Stance & Motion App

4-Year Starter Indiana University

2005 NCAA D1 National Qualifier

4x KHSAA State Champion

Former Head Coach St. Xavier HS

Has Coached Multiple State Champions,

All-Americans, and National Champions,

including Indiana Tech's very own

Nate Wheeler & Jonathan Kervin



## REGISTRATION

\$50 WRTC Month/Session Members or \$60 Non-Members.

Contact Us For Sibling Discount Group Rates.

Text 317.501.8306 or Email [info@warriorrtc.com](mailto:info@warriorrtc.com):

Name, Weight, Grade, School

**Warrior Park**  
**377 E Tillman Rd.**  
**Fort Wayne, IN**  
**46807**